

P.E. Overview 2024/25
Outdoor PE

Year	Autumn	Spring	Summer
1	Travelling/Movement (Developing Skills)	Team Games. (Compete & Perform)	Athletics. (Health & Fitness)
1	Catching/Throwing. (Exploring Ball Skills)	Passing/Travelling (Ball Skills)	Review.
2	Racket Skills. (Net & Wall)	Rolling, bouncing, Catching/Throwing. (Ball Skills)	Basketball. (Invasion Game/Defending & Attacking)
2	Football. (Invasion Game Control/Passing)	Scooting. (Coordination/Health & Safety)	Review.
3	Athletics. (Health & Fitness)	Cricket. (Striking & Fielding)	Netball. (Invasion Game Positions/Movement)
3	Hockey. (Invasion Game)	Outdoor Adventure. (Problem Solving & Teamwork)	Review.
4	Basketball. (Invasion Game/Defending & Attacking/Formation)	Football. (Invasion Game Tactics/possession)	Athletics. (Health & Fitness)
4	Tennis. (Net & Wall)	Baseball (Striking & fielding)	Review
5	Tag Rugby. (Invasion Game Handling/Tactics)	Netball (Invasion game team defending attacking)	Team Games. (Compete & Perform Working together)
5	Outdoor Adventure (Problem Solving & Teamwork)	Rounder's (Striking & Fielding)	Review.
6	Basketball. (Invasion Game Tactics/decision making)	Handball. (Invasion Game Speed/Hand eye coordination/vision)	Baseball (Striking & Fielding)
6	Comparing abilities in sport. (Personal Challenges)	Athletics (Health & Fitness)	Review.