

P.E. Overview 2025/26
Indoor PE

Year	Autumn	Spring	Summer
1	Dance ★ The gingerbread man	Gymnastics Travelling	Gymnastics Body Shapes
	Gymnastics Balance	Dance ★ Space	Gymnastics Bounce & Hop
2	Gymnastics Hand Apparatus	Dance ★ Winter's Child	Dance ★ Under the sea
	Gymnastics Balances - Patches & Points	Gymnastics Jumping & Landing	Gymnastics Spinning & turning
3	Dance ★ Stone age	Gymnastics Rolling	Gymnastics Bridges
	Gymnastics Body Shape & Movement	Dance ★ Jumanji	Gymnastics Balancing
4	Gymnastics Partner balances	Gymnastics Rolling & Jumping	Dance ★ Stitch head
	Dance ★ Firework	Gymnastics Hand Apparatus	Gymnastics Spinning & Turning
5	Gymnastics Balancing – Bridges & Handstands	Dance ★ Victorian	Dance ★ Mystery
	Gymnastics Jumping, Leaping & vault	Gymnastics Partner Balances	Gymnastics Creating sequences
6	Gymnastics Rolling	Gymnastics Partner jumping & Vault	Gymnastics Partner Balances
	Gymnastics Hand Apparatus	Dance ★ Ghosts	Dance ★ Production



- Cross curricular book or topic