





## HEADTEACHER'S NOTE

The theme for Children's Mental Health week this year is "My Voice Matters", encouraging children to express themselves and feel heard.

We will be exploring mental health in Monday's assembly, helping pupils reflect on the importance of speaking up, sharing their feelings, and seeking support when needed. Parents can also support at home by encouraging open conversations about emotions and helping children find healthy ways to cope with challenges.

For useful resources and advice tailored for children, visit <u>Childline's website</u>, where they can access support, tips, and interactive tools to help with their mental well-being. In school, children can also use the Zones of Regulation resources available in each classroom to help them express and manage their emotions.

## KEY DATES

Tuesday 11th February Year 3 Cedar Library Visit Internet Safety Day



12th/13th February Parent Consultations

Friday 14th February Parent Forum: Behaviour 9.15-10.00am Year 5 Sycamore Cornet Concert 1.20pm

17th-21st February HALF TERM

Monday 24th February Return to school

Thursday 27th February Reception Open Classroom 9.15-10.00am Year 6 SATS Parent Meeting 3.30-4.15pm

## READING RECOMMENDATION

Before half term, pupils will be taking part in a democratic election process to elect their new School Council representatives. This is a great opportunity for children to with the British Value of engage democracy. learning about leadership. responsibility, and the importance of having their voices heard.

There are lots of great books that explore democracy, including 'Sofia Valdez, Future Prez' by Andrea Beaty. This story follows a young girl who takes action to improve her community.

Encouraging children to read books like this can help them understand the importance of making a difference and being active citizens.

FUTURE

PREZ



Attendance w/b Monday 3rd February 2025:

Reception - 89.69% Year 1 - 94.07% Year 2 - 94.34% Year 3 - 96.57% Year 4 - 96.03% Year 5 - 95.60% Year 6 - 97.15%

We saw an increase in nearly every class' attendance this week which is great.

Our whole school target attendance is 96%.

Whole school attendance: 94.77%