



Gilbert Colvin Primary School

Relationship, Sex and Health Education Policy

Mission Statement

At Gilbert Colvin Primary School we believe that we can achieve an ever- increasing potential by meeting challenges head on, working together, valuing our diversity and giving generously of ourselves. As a result we will become lifelong learners fully prepared for an exciting future.



As a Rights Respecting school this document supports the following articles:

2 The Convention applies to every child without discrimination, whatever their ethnicity, gender, religion, language, abilities or any other status, whatever they think or say, whatever their family background.

3 All adults should do what is best for you. When adults make decisions, they should think about how their decisions will affect children.

13 You have the right to find out things and share what you think with others, by talking, drawing, writing or in any other way unless it harms or offends other people.

17 You have the right to get information that is important to your well-being, from radio, newspaper, books, computers and other sources. Adults should make sure that the information you are getting is not harmful, and help you find and understand the information you need.

19 You have the right to be protected from being hurt and mistreated, in body or mind.

29 Your education should help you use and develop your talents and abilities. It should also help you learn to live peacefully, protect the environment and respect other people.

34 You have the right to be free from sexual abuse.

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Aims and Objectives - RSHE

It is the intention of Gilbert Colvin Primary School to teach age appropriate, pupil sensitive, evidence based RSHE, that respects the law and all communities that call Redbridge home.

At Gilbert Colvin Primary School it is our expectation that RSHE provides a learning space to understand Personal, Social and Health skills, knowledge and understanding, to enable children to navigate the world in which they live throughout childhood but also into adulthood; therefore, RSHE is such an important element of the curriculum.

Credit and thanks to the London borough of Newham and Tower Hamlets for access to their policy. Special thanks to Jo Sell, Claire Clinton and the Newham RSHE partnership for their support to Redbridge.

Statutory Content Primary – RHE

As of September 2020, it is the legal requirement of Primary Schools – both maintained and Academies to teach Relationships and Health Education, alongside the Science National Curriculum and within the context of safeguarding and maintaining a child centred approach in accordance with the ‘Keeping children safe in education document’ (DfE, Sept, 2021).

At Gilbert Colvin Primary School we acknowledge and recognise that families are a child’s first and most effective teacher, it is our aim to build on the established foundation of the Redbridge syllabus and consultation of working in partnership with parents/carers to educate our children about these important subjects.

Here at Gilbert Colvin Primary School, we will ensure that an annual meeting is held to present our RSHE curriculum and create a space for questions to be raised hereafter. The Government guidance is due to be reviewed every 3 years.

National Curriculum Science

The Key Stage 1 and Key Stage 2 national curriculum states that children’s learning should include teachings about the main external body parts, the growth and development of humans from birth to old age, including the changes experienced during puberty, asexual and sexual reproduction in plants and mammals, the importance of exercise and the impacts associated with diet, drugs and lifestyle on the function of the body.

Full Science curriculum context can be viewed [here](#).

<https://www.gov.uk/government/publications/national-curriculum-in-england-science-programmes-of-study/national-curriculum-in-england-science-programmes-of-study>

There continues to be no right to withdraw from the Science National Curriculum.

Health Education

The aim of Health Education is to provide information to children that will empower them to make their own choices about their physical and mental wellbeing and health. Children will recognise what is usual and what is not, in themselves and others and be equipped to seek support at the earliest opportunity from appropriate sources.

Puberty, including menstruation, will be covered in Health Education and should, as far as possible, be addressed before children begin puberty. This is in line with the statutory Science Key Stage 2 curriculum whereby topics such as the main external body parts, the human body as it grows from birth to old age (including puberty) and reproduction in plants and animals is taught in Upper KS2.

[Click here to see the DfE statutory guidance for Relationship and Sex Education](#)

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1019542/Relationships_Education__Relationships_and_Sex_Education__RSE__and_Health_Education.pdf

There is no right to withdraw from Health Education.

Relationships Education

The aim of Relationships Education is to provide information to children that will empower them to understand themselves and the world in which they live. The focus in primary schools should be on teaching the fundamental building blocks and characteristics of positive relationships with family members, other children and adults along with encouraging the development of their own positive personal attributes such as a belief that they can achieve and persevere towards tasks and long-term rewards, honesty, integrity, courage, humility, kindness, generosity, trustworthiness and a sense of justice, as outlined in the guidance. It also aims to teach how to seek support and guidance from appropriate sources. Lessons will be evidence based, age appropriate, based on the law and sensitive to the needs of all children.

[Click here to see the DfE statutory guidance for Relationship and Sex Education](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1019542/Relationships_Education__Relationships_and_Sex_Education__RSE__and_Health_Education.pdf)

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1019542/Relationships_Education__Relationships_and_Sex_Education__RSE__and_Health_Education.pdf

There is no right to withdraw from Relationships Education

Safeguarding

Safeguarding is an important aspect of all the lessons taught as part of RSHE in our school. Our safeguarding policy will be applied to and supported by all aspects of RSHE and any disclosures or issues arising as part of RSHE will be dealt with in line with our safeguarding policy. The aim of including safeguarding within the syllabus enables consistent, age appropriate, fact-based vocabulary to report any concerns of abuse including, physical, emotional, sexual and neglect.

Non - Statutory RSHE

Parent/Carer right to withdraw their children from non – statutory Sex Education

Parents/Carers continue to have the right to withdraw their children from non-statutory Sex Education e.g. “How a baby is born and conceived.

This is taught only in Year 6 and parents/carers will be informed about this before the unit is taught. Where a parent/carers wishes to withdraw their child from that specific lesson/s, they must contact the school to inform them in writing.

Sex Education that goes beyond National Curriculum Science

The Government and local advisors strongly recommend, and Gilbert Colvin Primary School have decided, after consultation with parents/carers, to teach Sex Education beyond that taught within the Science curriculum. The school will be teaching about ‘how a baby is conceived and is born’ in year 6 following on from the Science National Curriculum, which teaches about sexual reproduction in mammals in year 5. Sex Education at Gilbert Colvin Primary School will be taught by trained staff in an age appropriate and sensitive way and we believe will help to ready children for their move to Secondary School.

Definitions

Relationship Education - Primary

Relationship Education is the teaching of families, which can include single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures. There are many different types of families. Some families have a mother or a father, two mummies, two daddies, a mummy and a daddy, grandparents as parents or other combinations. In British law it says that people have a right to live in families of their own choosing. The most important thing is that we always make sure to respect the way that people choose to live their lives.

Relationships education includes people who care for me, caring friendships, respectful relationships, online relationships and being safe by the end of primary school. This will include core safeguarding elements including children being able to report concerns or abuse using the vocabulary to do so, which incorporates the use of consistent scientific names for main external body parts including penis, vulva, and buttock.

Sex Education – Primary

Sex Education in primary is the teaching of sexual reproduction – how a baby is conceived and born. This goes beyond the national curriculum teaching of reproduction in mammals and plants.

Health Education – Primary

Health education is the teaching of Mental Health Wellbeing, Internet safety, physical health and fitness, healthy eating, drugs, alcohol and tobacco, health and prevention, basic first aid and the changing adolescent body.

Equality

The school will comply with the relevant requirements of the Equality Act 2010 and the Public Sector Equalities Duty (2014): schools must not unlawfully discriminate against pupils or allow children to be bullied because of their age, sex, race, disability, religion or belief, gender reassignment, pregnancy or maternity, marriage or civil partnership, or sexual orientation all of which are 'Protected Characteristics'.

The delivery of the content of RSHE will be made accessible to all pupils, including those with SEND. At Gilbert Colvin Primary School we celebrate difference and diversity. The bullying or discrimination of anyone for any reason is not acceptable. It is expected that our Relationships Education curriculum will lead to a stronger sense of community, mutual respect and give pupils a sense of responsibility. This will help to keep Gilbert Colvin Primary School a safe, inclusive and caring place for all by upholding the core values and ethos of the school.

Faith Sensitivity

Some religious people/faiths will see some family structures as a preferred way of living. British law says that people have a right to live with whoever they choose. The most important thing is that we always make sure to respect the way that people choose to live their lives. Teachers can acknowledge in RSHE lessons that some children may have beliefs about the content to be taught, whilst noting that the purpose of the lesson is to give information. All RSHE sessions are started with setting clear ground rules and children will also be reminded of them and their right to pass on discussing anything that they do not want to during the lessons. For some children, it might be forbidden to discuss sex and the human body, which may be seen as a private matter.

Organisation of Teaching, Assessment & Review

It is our intention that RSHE sessions will meet our high standard of teaching and learning. Therefore, planning will be accessible to the RSHE lead, Mrs A. Vella, to review, discuss and develop CPD opportunities where appropriate.

RSHE lessons will be included in whole school monitoring and evaluations.

Teachers will be responsible for assessing the children's learning and progress. At Gilbert Colvin Primary School, teachers will identify prior learning by activities and discussions at the start of each unit to establish the children's knowledge and understanding from previous years. Teachers will use the discussions, and any work recorded by pupils, to make a judgement about their progress and attainment in line with the national curriculum expectations and the RSHE syllabus.

A range of assessment strategies will be used with a key focus on providing opportunities for the pupils to provide feedback regarding their learning.

When will RSHE be taught and by who?

RSHE is taught across the school year. However, the core of the RSHE syllabus will be delivered during the Summer term. Those units that cover puberty for Years 5 and 6 will be taught in single sex groups and, where possible, led by a teacher of the same gender. All children will be taught the same material.

Children will be able to ask questions, responses should be evidence based, age appropriate, based on the law and sensitive to the needs of children. Home and School Partnership and communication and an understanding of the school's approach to safeguarding disclosures is important.

What training will staff be given?

All teachers have training on the teaching of RSHE annually, which includes understanding the school's RSHE policy, the content of the curriculum and the appropriate methods for teaching this subject.

There is specific time allocated for staff to ensure that they understand and are fully prepared for the teaching of their year group's specific units of RSHE with specific links to the Teaching SRE With Confidence resources that supports the RSHE curriculum.

Resources

Our RSHE lead will work with year group teams to choose educational resources and materials that are age appropriate and enhance the teaching of RSHE exercising their professional judgement and that are in line with our legal duty in relation to impartiality.

These educational resources include 'Teaching SRE With Confidence', which ensures a progressive and coherent curriculum that is age appropriate. This ensures that teachers have clarity on what is and what is not taught at each stage, that there is consistency across a year group, and that information taught is factual and accurate.

In the event of external agencies/tools/resources being used Gilbert Colvin Primary School will ensure the materials comply our RSHE policy, the Teaching Standards, the Equality Act 2010, the Human Rights Act 1998, the Education Act 1996 and align to the teaching requirements set out in the statutory guidance.

Gilbert Colvin Primary School has used the Redbridge agreed syllabus to inform our RSHE curriculum.

[This can be viewed here.](#)

We will share some of these resources at our annual Parent/Carer RSHE meeting.

RSHE Lead

The name of the RSHE at Gilbert Colvin Primary School is Mrs A Vella.

If you have any questions regarding this policy or RSHE please contact the school office.

Children will know about the role of the RSHE team and shared through assemblies, PSHE lessons, safeguarding posters around the school, RSHE lessons, pupil voice opportunities including school council and general support in-class by teachers, LSAs and ELSAs.

Staff will know about the role of the RSHE team and lead through staff training sessions, school briefings, the school development plan and the shared school staffing structure.